



Women on the Water 7thAnnual Conference March 25-27, 2015

Day One: Wednesday. March 25. 2015

Opening Networking Events

- 1300 Registration Opens (Land Hall)
- 1300 Campus Tours (See activities below for details) Attire: Business Casual, Cadets ~ civilian attire

1700 Opening Reception

(American Merchant Marine Museum) Cash Bar Attire: Business Casual, Cadets ~ civilian attire

1830 Dinner

Midshipmen/Cadets – Dinner on Campus (Delano Hall)

Professionals – Invited to try the local restaurants (Local restaurant information will be provided to attendees)

Day Two: Thursday, March 26, 2015

Attire: Business Casual, Cadets ~ Khaki Uniform

- 0700 Breakfast (Delano Hall)
- 0700 Registration (Ackerman Auditorium)
- 0720 Colors Formation

Conference Opens (Ackerman Auditorium)

0800 Opening Welcome

Paul N. Jaenichen, Sr. Maritime Administrator

Academy Welcome

RADM James A. Helis

Superintendent, USMMA

0815 Rules of the Road for Women at Sea

- Personal responsibility and leadership
- Common challenges women face at sea

Rosemary Mackay Resolve Maritime Academy, Inc.

0845 Seafaring Women – Afloat Employment

- Explore the work environment aboard various types of vessels
- Explore career opportunities in different sectors of the industry
- Insights into how the environment has changed and continues to evolve

Panel Moderator: Midshipman 1/C Sara Ellenberger

Captain Joy Manthey, Kirby Marine Services LT Fionna Boyle, USMMA Karen Basciano, Sandy Hook Pilots Association Captain Michelle Stark, Military Sealift Command

- 1000 Break
- 1015 Decoding the Gender Dialects: Bridging the Gaps Raleigh Mayer Raleigh Mayer Consulting





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Day Two: Thursday, March 26, 2015 (continued)

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1145 Lunch (Melville Hall)

Lunch Speaker: CAPT David Moskoff - "Maritime Cyber Security: Vulnerabilities and Mitigations

1300 Work-Life Balance

(Ackerman Auditorium)

- Balancing shipboard life and family life
- Maintaining mental, spiritual, and physical health
- Introduction to the Maritime Ministries
- Panel Moderator: Midshipman Margaret Queally, Lesley Karentz, R.N. American Maritime Officers, Star Center
- Erin Bertram, Marine Engineers Beneficial Association

Doreen M. Badeaux, Apostleship of the Sea of the United States of America

1415 Professional Organizations and Financial Planning

(Ackerman Auditorium)

- Professional development and networking
- Industry associations and societies
- The importance of financial planning

Panel Moderator: Midshipman Joseph Nasta, 1/c

Joe Comer, SNAME

Alexandra Anagnostis-Irons, WISTA Lauren S. Rosenberg-Moffitt, AMPF

1500 Break

1515 Mentoring

(Ackerman Auditorium)

- Finding the right mentor & making the most of the relationship
- Mentoring float and shoreside
- How the mentoring environment has changed afloat

Panel Moderator: Midshipman 1/C Jacqueline Weymann

Captain Deborah Dempsey CAPT Kirsten Martin, USCG CAPT Peter Kahl, USMMA

1615 Breakout Activities

Yoga (gym) Professor Yvonne Traynham

5K Fun run/walk (gym) Midshipman 1/C Joe Nasta

- 1830 Reception (Land Hall) Cash Bar Attire: Business Casual, Cadets ~ Khaki uniform
- 1930 Dinner (Melville Hall)

Keynote Address

Ms. Mary E. Landry, (RADM, USCG, Retired) Senior Executive, Director of Incident Management *United States Coast Guard*





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Day Three: Friday, March 27, 2015

Attire: Business Casual, Cadets ~ Business Casual

- 0700 Breakfast (Delano Hall)
- 0720 Colors Formation

Conference Sessions (Ackerman Auditorium)

- 0800 Media Relations Dr. (LTC-US Army-Retired) Joseph V. Trahan, III Pres./CEO/Media Trainer Trahan & Associates
- 1000 Break
- 1015 Speed Networking
 - (Ackerman Auditorium)
 - Networking techniques
 - Use of social media
 - Networking with conference participants

RDML Sue Dunlap, United States Merchant Marine Academy

Close of Conference

1200 Closing Remarks RADM James A. Helis Superintendent, USMMA

1200 Boxed Lunch





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Pre-Conference Activities:

Wednesday March 25, 2015

Tours:

Join us for tours of the United States Merchant Marine Academy's campus, training vessels, the T/S Kings Pointer and Liberator, and the American Merchant Marine Museum. Tours will depart from Ackerman Auditorium.

• Campus Tours:



• T/S Kings Pointer and Liberator -ID required (Waterfront) Close toed shoes required





